



Request for Exemption from Human Development and Sexual Health Expectations Found in Strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019.*

Having reviewed the Human Development and Sexual Health expectations in the elementary Ontario Health and Physical Education curriculum and the *Fully Alive* program content for my child's grade, I would like my child to be exempted from instruction related to these expectations, without academic penalty. During the exemption period, I would like my child to [*select one only*]:

_____ remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health. I understand that my child's activities *unrelated* to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher.

_____ leave the classroom and remain in the school under staff supervision. I understand that my child's activities during the exemption period will be at the discretion of the teacher or principal.

_____ be released into my care or the care of my approved designate.

NOTE: If one of the three options above is not selected, the principal or the principal's designate will determine where in the school the child is to remain during the exemption period.

Notice of Period of Instruction:

For the 20 ___ – ___ school year, the period of instruction related to the Human Development and Sexual Health expectations in your child's grade will start on _____ and end on _____ . The daily schedule for this instruction is attached.

I understand and agree with the following statements:

- The Human Development and Sexual Health expectations in strand D of the health and physical education curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year;
- References to or conversations about sexual health–related concepts among teachers, school staff, or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption;
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations;

- Requests for exemption made by phone, or exemption forms or written requests that do not have a parental signature, will not be accepted;
- This exemption form must be returned by _____ for my child to be exempted from instruction related to the Human Development and Sexual Health expectations in strand D of *The Ontario Curriculum: Health and Physical Education, Grades 1–8, 2019*.

Student's Last Name

Student's First Name

Parent/Guardian Name (print)

Parent/Guardian Signature

Grade and Teacher

Date

PLEASE NOTE:

You will receive a response in writing from the school principal by _____.
If you do not receive an acknowledgement, please contact the school principal.

Please return this signed form no later than: _____.